





Where Families Grow Strong Together

## HOLD HARMLESS/WAIVER/RELEASE AGREEMENT

MARTIAL ARTS AMERICA URGES ALL MEMBERS TO OBTAIN A PHYSICAL EXAMINATION FROM THEIR PHYSICIANS PRIOR TO THE USE OF ANY EQUIPMENT OR ATTENDANCE IN ANY EXERCISE OR MARTIAL ART ACTIVITIES.

**AUTHORIZATION TO RELEASE INFORMATION:** MEMBER(S) HEREBY AUTHORIZE ANY PHYSICIAN, MEDICAL PRACTITIONER, HOSPITAL, CLINIC OR OTHER MEDICAL OR MEDICALLY RELATED FACILITY, OR ANY OTHER INSURANCE COMPANY TO DISCLOSE OR RELEASE ANY INFORMATION IN ITS POSSESSION ABOUT THE MEDICAL HISTORY, MENTAL OR PHYSICAL CONDITION OR TREATMENTS OF MEMBER AND/OR MEMBER'S FAMILY TO THE CLUB/SCHOOL/CENTER, ITS AUTHORIZED EMPLOYEES, OR ITS AGENTS. THIS AUTHORIZATION, OR A PHOTOCOPY THEREOF, SHALL BE VALID FOR THE DURATION OF THE MEMBERSHIP FROM THE DATE OF MEMBER'S SIGNATURE. MEMBER UNDERSTANDS THAT HE/SHE HAVE THE RIGHT TO RECEIVE A COPY OF THIS AUTHORIZATION UPON REQUEST.

MEMBER UNDERSTANDS THAT THE CLUB/SCHOOL/CENTER WILL PROVIDE A PLACE FOR THE COURSE OF INSTRUCTION AND TRAINING FOR WHICH MEMBER IS ENROLLED AND THAT ALL CLASSES, PRACTICE SESSIONS, AND CONTESTS CONDUCTED BY THE CLUB/SCHOOL/CENTER ARE SUPERVISED BY QUALIFIED INSTRUCTOR(S). REASONABLE CARE IS TAKEN TO PREVENT INJURIES AND MINIMIZE ACCIDENTS. IT IS REQUIRED THAT MEMBERS OBEY THE RULES AND REGULATIONS OF THE CLUB AND THAT NO MEMBER SHALL PRACTICE FREE SPARRING OR SELF DEFENSE TECHNIQUES UNTIL HE HAS BEEN APPROVED FOR SAME BY THE INSTRUCTOR. IT HAS BEEN EXPLAINED TO MEMBER THAT AFORESAID TRAINING AND INSTRUCTIONS INVOLVE SOME PHYSICAL CONTACT WITH THE INSTRUCTOR AND OTHER MEMBERS, WHICH MAY OCCASIONALLY RESULT IN ACCIDENTAL PERSONAL INJURY. IT HAS ALSO BEEN EXPLAINED TO MEMBER THAT CLASSES, PRACTICE SESSIONS, AND CONTESTS INVOLVE STRENUOUS PHYSICAL EXERCISE. MEMBER HEREBY STATES THAT HE HAS NO PHYSICAL DEFECT OR CONDITION WHICH WOULD RENDER HIM UNABLE TO PARTICIPATE IN SUCH CLASSES, SESSIONS, AND CONTESTS. MEMBER FURTHER AGREES THAT IN THE EVENT HE BECOMES PHYSICALLY UNABLE TO PARTICIPATE HE WILL IMMEDIATELY NOTIFY THE CLUB/SCHOOL/CENTER IN WRITING.

RECOGNIZING AND BEING AWARE OF THE AFORESAID, MEMBER, INDIVIDUALLY AND FOR HIS SUCCESSORS, HEIRS, ADMINISTRATOR, EXECUTORS, AND ASSIGNS, EXPRESSLY ASSUMES ALL RISK OF INJURY RESULTING EITHER DIRECTLY OR INDIRECTLY FROM THE LESSONS, INSTRUCTION, AND CONTESTS. MEMBER HEREBY RELEASES THE CLUB/SCHOOL/CENTER, ITS SUCCESSORS, ASSIGNS, AND ALL OF ITS EMPLOYEES, INSTRUCTORS, AND RELATED PERSONS, FIRMS, OR CORPORATIONS OF AND FROM EVERY CLAIM, DEMAND, RIGHT OR CAUSE OF ACTION OF ANY NATURE, FOR UPON, OR BY ANY REASON OF ANY DAMAGE, LOSS, INJURY, OR SUFFERING, WHICH HEREAFTER MAY BE SUSTAINED AS A DIRECT OR INDIRECT RESULT OF SUCH TRAINING, LESSONS, CONTESTS, OR IN TRAVELING TO, PARTICIPATING IN, OR RETURNING FROM ANY OF SAME. IT IS FURTHER UNDERSTOOD THAT THE TERMS AND CONDITIONS OF THIS AGREEMENT SHALL REMAIN BINDING UPON MEMBER IN THE EVENT OF ACCIDENTAL PERSONAL INJURY TO THE MEMBER'S PERSONA AND THAT SUCH PERSONAL INJURY WILL NOT LIMIT OR TERMINATE ANY CONTRACTUAL OBLIGATION OF ANY MEMBER TO THE CLUB/SCHOOL/CENTER IN ANY MANNER WHATSOEVER.

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Students Name(s)

\_\_\_\_\_  
Adults/Parents Name

\_\_\_\_\_  
Instructor's Signature

\_\_\_\_\_  
Adults/Parents Signature

\_\_\_\_\_  
Date